

Julie's Most In-Demand Keynote Presentations:

Your Impact is Your Superpower! (No Spandex Suite Required.)

(Julie's signature keynote!)

Not Your Mama's Stress Management! (Stress Management)

Harnessing the Power of Change! (Change Management)



Seminar and breakout session title list:

Conflict is War!

Conflict and Confrontation
Skills for Professionals

You Make Me So Mad!

Developing Your Emotional Intelligence

Crash Course to Effectiveness:

Productivity Tips for the Overworked,
Overstressed, and Overwhelmed!

High Impact Communication

Communicating with Tact and Diplomacy

Leadership is Learned!

Moving from manager to leader

Exceptional Customer Service: It's in the Bag!

Not your Mama's customer service!

Julie's core message is about making an impact. We all have the potential to change lives; we just have to decide to step into that power!

Whether that means **communicating** with impact, **leading** with impact, **prioritizing** for impact, or **serving others** with impact, we can all choose to take on the challenge. Julie shows you how!

All of Julie's presentations are dynamic, high energy, highly interactive and full of real world, Tangible techniques the audience can use immediately. They are also tons of FUN! Julie loves to make people laugh. She has discovered they more they laugh the more they learn.

Julie's presentations can all be customized to fit your specific goals and objectives and can be modified to fit the time frame needed from a short keynote to a full day workshop.

